

*YOUR DAY
YOUR SAY*

Medway
Minority Ethnic
Mental Health



Could your experience of local mental health services help to establish what level of support is needed for people from minority ethnic communities?

JOIN US ON

THURSDAY 7TH APRIL 2016 1pm—3pm

@ Nucleus HeART, 1st Floor, Pentagon Centre , Chatham



Presentation:

“the ways mental health effects a person”

Come and share your thoughts on what you feel the barriers are to accessing mental health services in Medway

POhWER
advocacy, making your voice heard



POhWER Company No: 3323040

HOW TO CONTACT US

Registered charity No: 1061543



Telephone - 0300 456 2370
(charged at local rate)



Minicom - 0300 456 2364



sms

Text - send the word 'pohwer' with your
name and number to 81025



Email - pohwer@pohwer.net



Skype - [pohwer.advocacy](https://www.skype.com/people/pohwer.advocacy)
8am to 6pm Monday to Friday



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